

## Vegan Weekly Meal Plan

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	Monday	BREAKFAST	LUNCH	DINNER	SNACKS
	Tuesday	BREAKFAST	LUNCH	DINNER	SNACKS
	Wednesday	BREAKFAST	LUNCH	DINNER	SNACKS
	Thursday	BREAKFAST	LUNCH	DINNER	SNACKS
	Friday	BREAKFAST	LUNCH	DINNER	SNACKS
	Saturday	BREAKFAST	LUNCH	DINNER	SNACKS
	Sunday	BREAKFAST	LUNCH	DINNER	SNACKS